

REPUBLIKA Y'U RWANDA



MINISITERI Y'UBUZIMA

UMUSARANI UBEREYE URUGO RWACU

IMFASHANYIGISHO YO KUBAKA



Nyakanga, 2018



unicef for every child

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IJAMBO RY'IBANZE

Iki gitabo cyanditswe hagamijwe gufasha abaturage b'u Rwanda kwiyubakira umusarani mwiza wujuje ibyangombwa ushobora gukemura ibibazo binyuranye biterwa n'umwanda bityo ugashobora no gufasha kwirinda indwara zikuru-rwa n'umwanda.

Iki gitabo gikubiyemo ibisobaruro byerekeranye n'uburyo bushya bwo kubaka imisarani ifite idali rivuguruye, gitanga muri rusange amabwiriza n'ibisobanuro ku myubakire n'imikoreshereze y'iyo misarani ku baturage.

Imiryango myinshi yo mu cyaro ikoresha imisarani isanzwe. Iyo misarani ahanni usanga yubatswe mu bikoresho bidakomeye kandi, idali ugasanga akenshi ridashobora gusukurwa neza n'amazi. Usanga isazi n'utundi dukoko dushobra kwinjira no gusohoka mu musarani mu buryo bworoshye bityo tugakwirakwiza ubwandum indwara ziterwa n'imyanda.

Bityo rero umusarani wujuje ibyangombwa ugomba kuba ufite umwobo, idali rikomeye, wubakiye, usakaye, ukinze kandi ushobora gukorera isuku ku buryo bworoshye.

Ibyo byose bizashoboka mu gihe abantu bose bubatse cyangwa bavuguruye imisarani yabo mu buryo yujuje ibyangombwa by 'umusarani uboneye. Ni muri urwo rwego inkunga ya Leta, iy'abafanyabikorwa bayo ndetse n'iyabikorera ari ngombwa.

Inyigisho z'isuku zigamije gukangurira abaturage kubaka no kuvugurura imisarani basanganywe ndetse no kuyisukura ni ngombwa cyane.

Minisiteri y'ubuzima irasaba abasomyi bose b'iki gitabo kugeza ubu butumwa ku bandi cyane cyane abo mu cyaro, aho imisarani itera ikibazo cyo kuyisukura bikaba ari nayo ntandaro y'indwara zitandukanye zanduza. Iki gitabo kizatangwa ku buntu guhera muri Kamena 2018.

Mugire ubuzima bwiza.

Dr. Diane GASHUMBA
Minisitiri w'Ubuzima.



INTANGIRIRO

Buri rugo rugomba kugira umusarani warwo.

- Aka gatabo ni imfashanyigisho igenewe ingo kugirango ifashe mu kwiyubakira cyangwa kuvugurura umusarani zisanganywe.



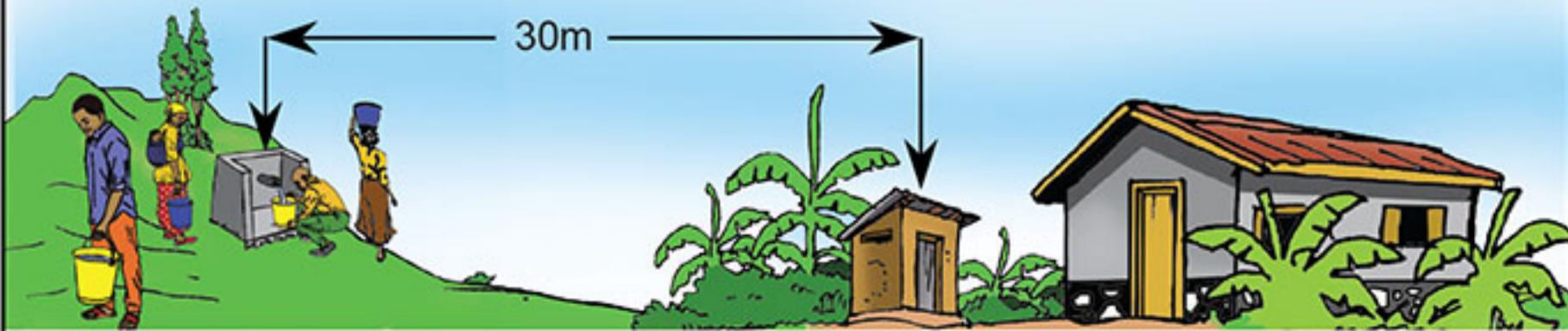
Ibice by'ingenzi bigize umusarani

Umusarani wizewe, uba ufile isuku kandi utuma uwukoresha yiherera, ugira ibice bitatu.

- Umwobo:** Munini/mugari bihagije ku buryo ushobora kumara imyaka icumi kandi wizewe ku buryo utariduka.
- Uko utinze:** ufile isuku kandi ushobora gutandukanya umwanda witumwe n'abantu n'amasaki.
- Inyubako yo hejuru:** ituma umuntu yiherera kandi ntagerweho n'imvura.

Aho umusarani wubakwa

- Umusarane ugomba kubakwa ku ntera iri hejuru ya metero 30 y'ivomo.

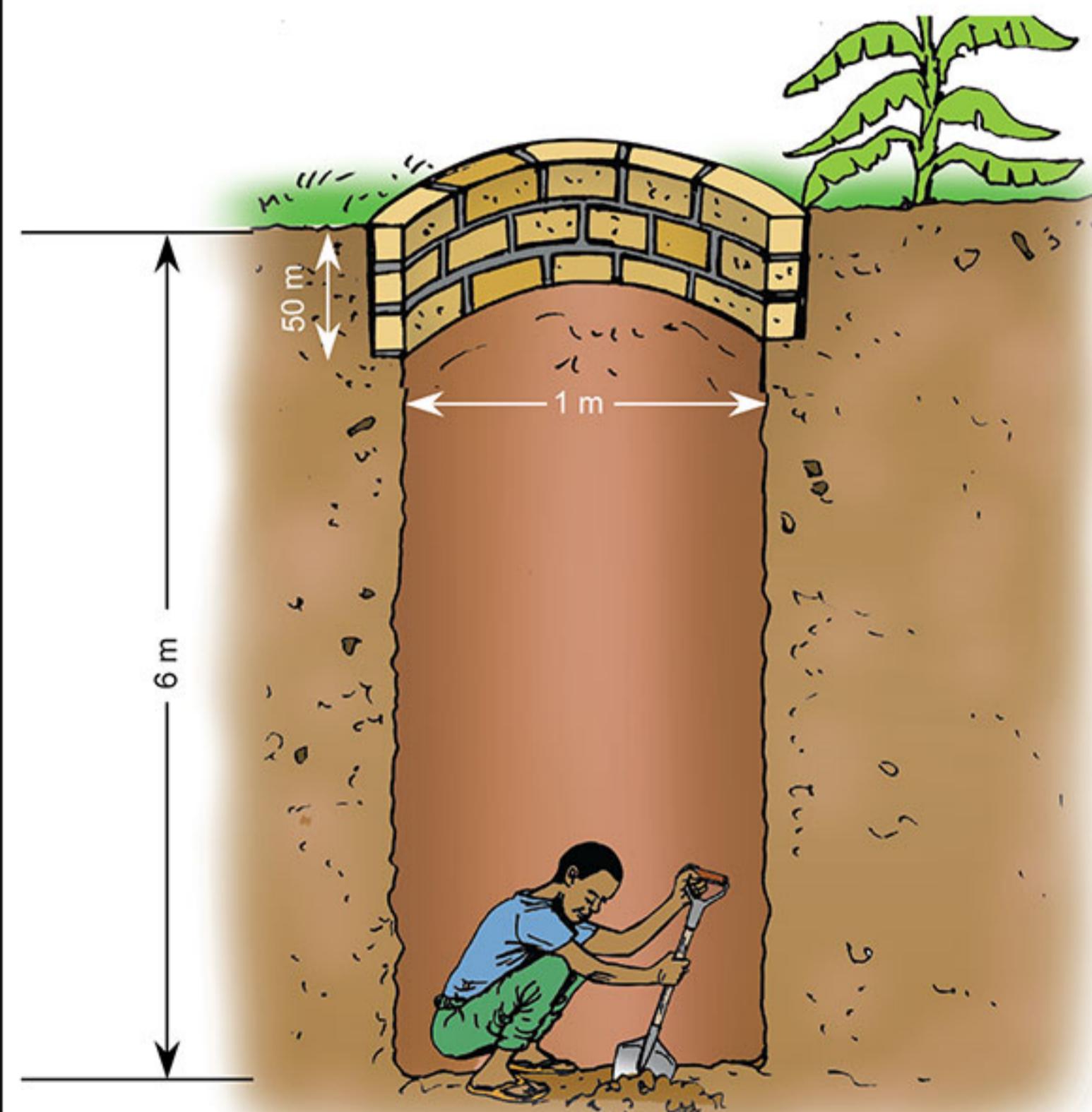


1

UMWOBO

Umwobo w'umusarani ugomba kuba munini/mugari bihagije ku buryo bidasaba ba nyirirugo guhora bubaka.

Amabwiriza asaba ko icyobo cy'umusarani cyagira byibuze metero 1 kuri metero 6.

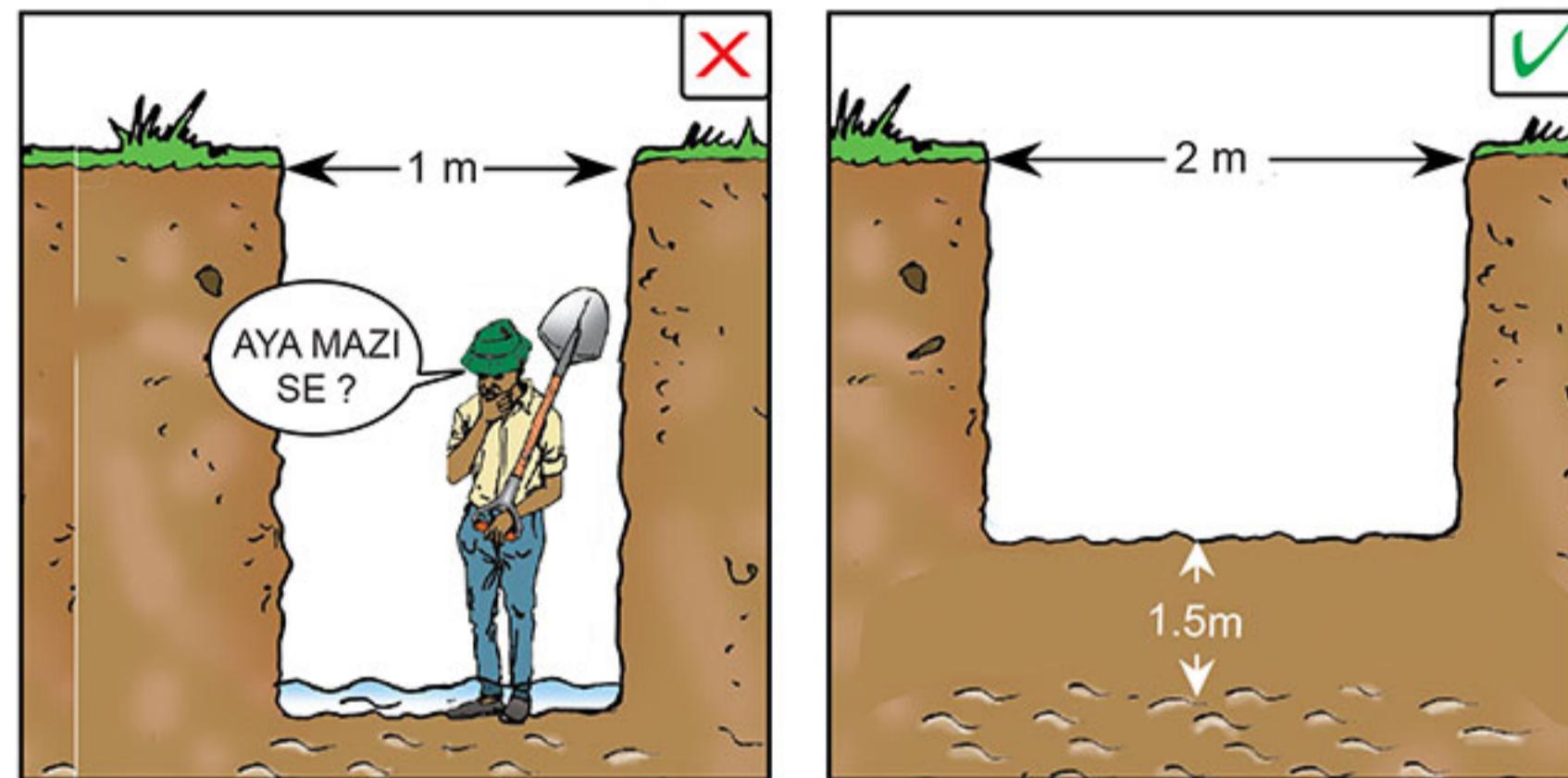


2

Hari igihe gucukura metero 6 bidakunda bitewe n'imiterere y'ubutaka. Iyo gucukura metero 6 bidashobotse, umwobo w'ubwihero ugomba kuba munini ku buryo wamara imyaka icumi ukoreshwa ku muryango umwe.

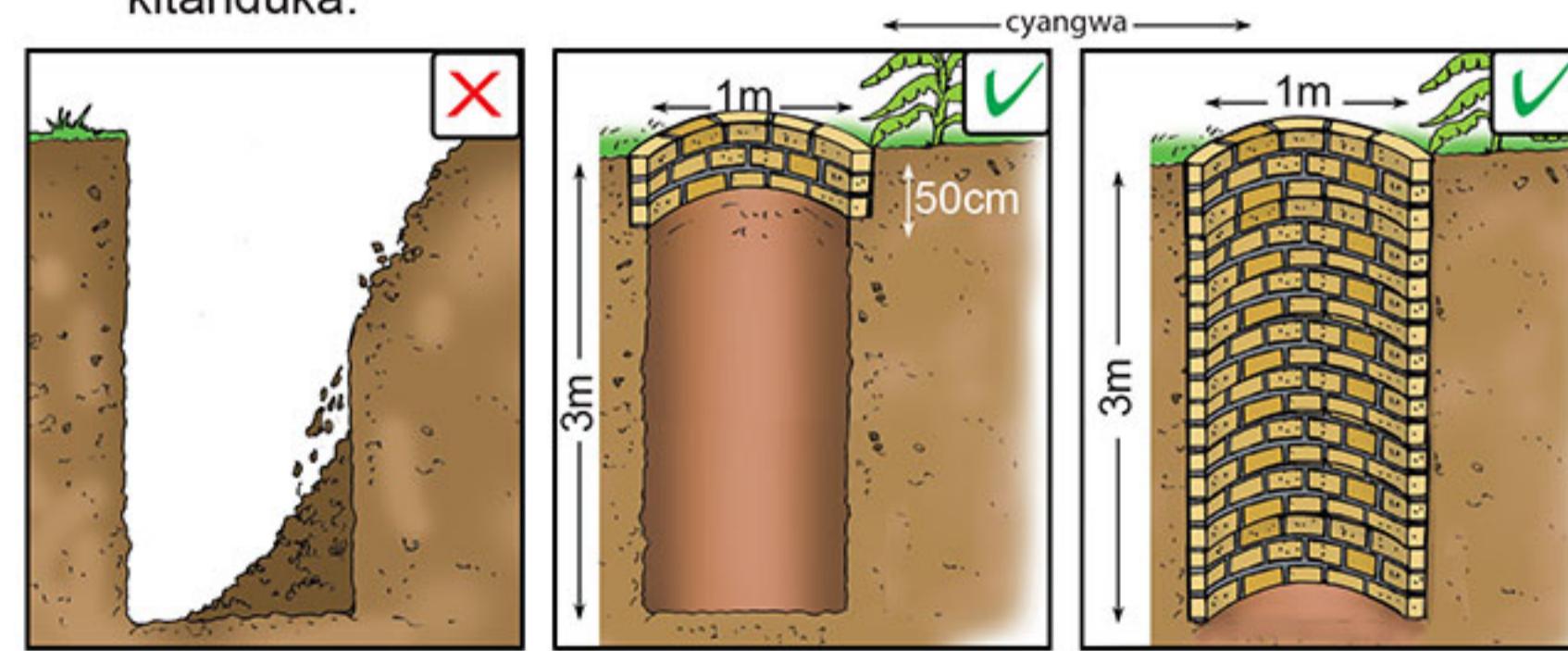
① Umwobo ntugomba kugera ku mazi yo munda y'isi.

- Amazi yo mu butaka agomba kuba atandukanyijwe byibuze na metero 1.5 n' indiba y'umwobo.



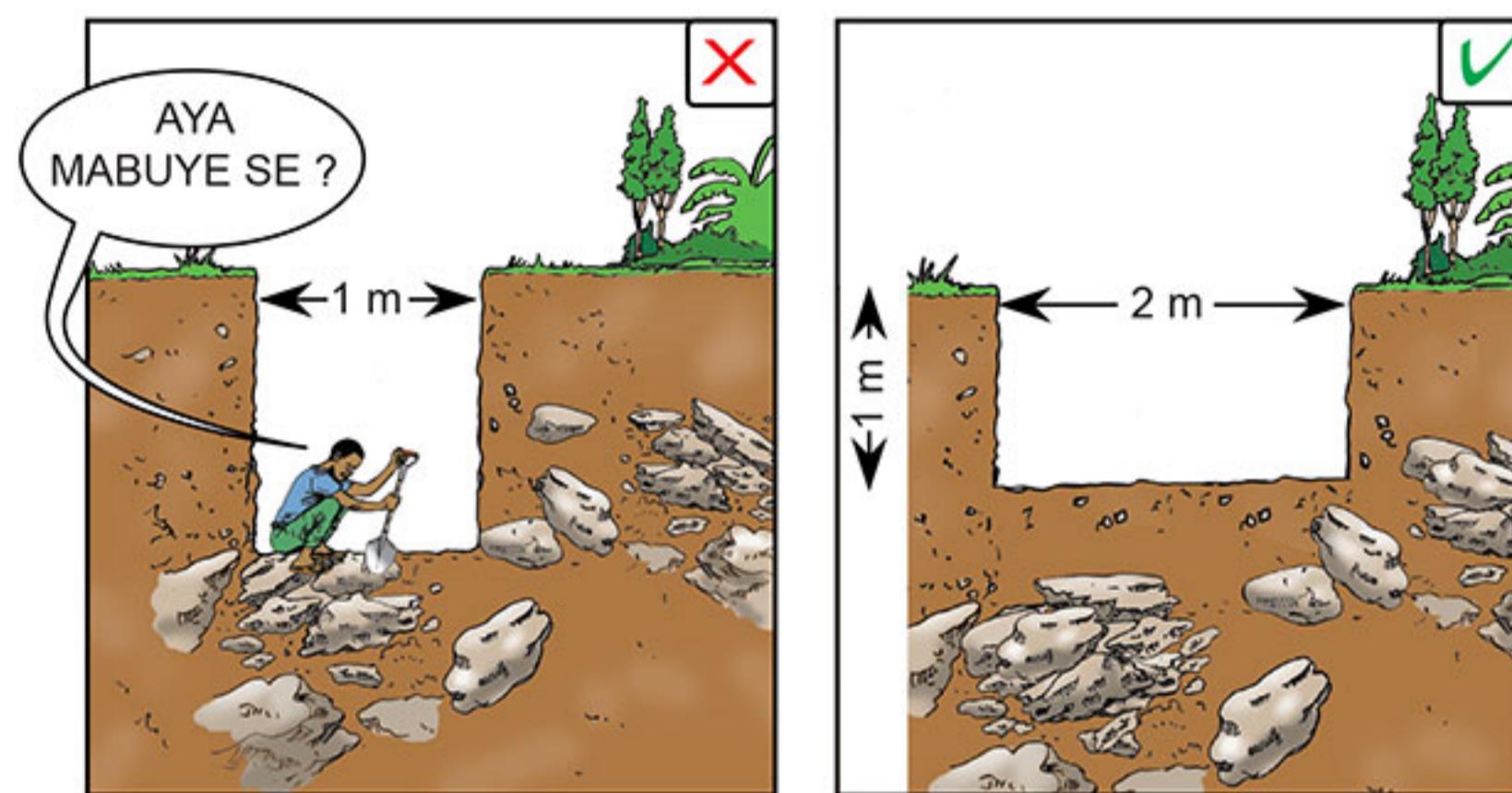
② Hari aho usanga ubutaka ari umucanga ku buryo bidashoboka gucukura metero 6, icyo gihe hacukurwa metero 3 hirindwa ko umwobo wariduka.

- Niba ubutaka ari umucanga, icyobo kizubakirwa kugirango kitariduka.

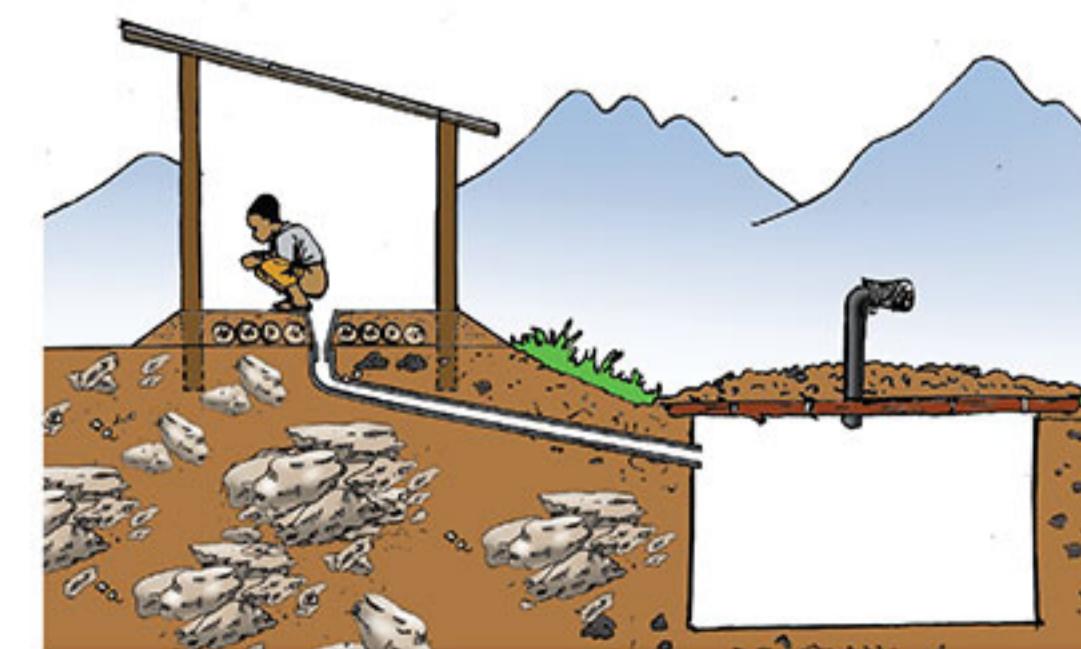


③ Mu gihe ubutaka buba ari urutare ku buryo utacukura metero 6. Icyo gihe metero imwe niyo ishobora gucukurwa bitewe nuko ubutaka ari urutare.

- Hacukurwa umwobo mugari ku buryo umuryango umwe wawukoresha imyaka 10.
- Niba ubutaka ari urutare, umwobo ucukurwa mu gipimo cya m1 y'ubugari X kuri m3 z'uburebure X na m1 z'ubujyakuzimu cyangwa m2 z'ubugariX kuri m2 z'uburebureX na m1 z'ubujyakuzimu.



- Mu gihe ubutaka ari urutare hacukurwa icyobo ahandi hafi cyayoborwamo iyo myanda.



UKO UTINZE

Uko umusarani utinze bigomba kuba bitandukanya umwanda n'abantu kandi ntaho uhurira n'amasazi.

Umusarani ugomba gutindwa ku buryo butuma usukurwa neza kandi ukaba ukomeye udashobra kuriduka.

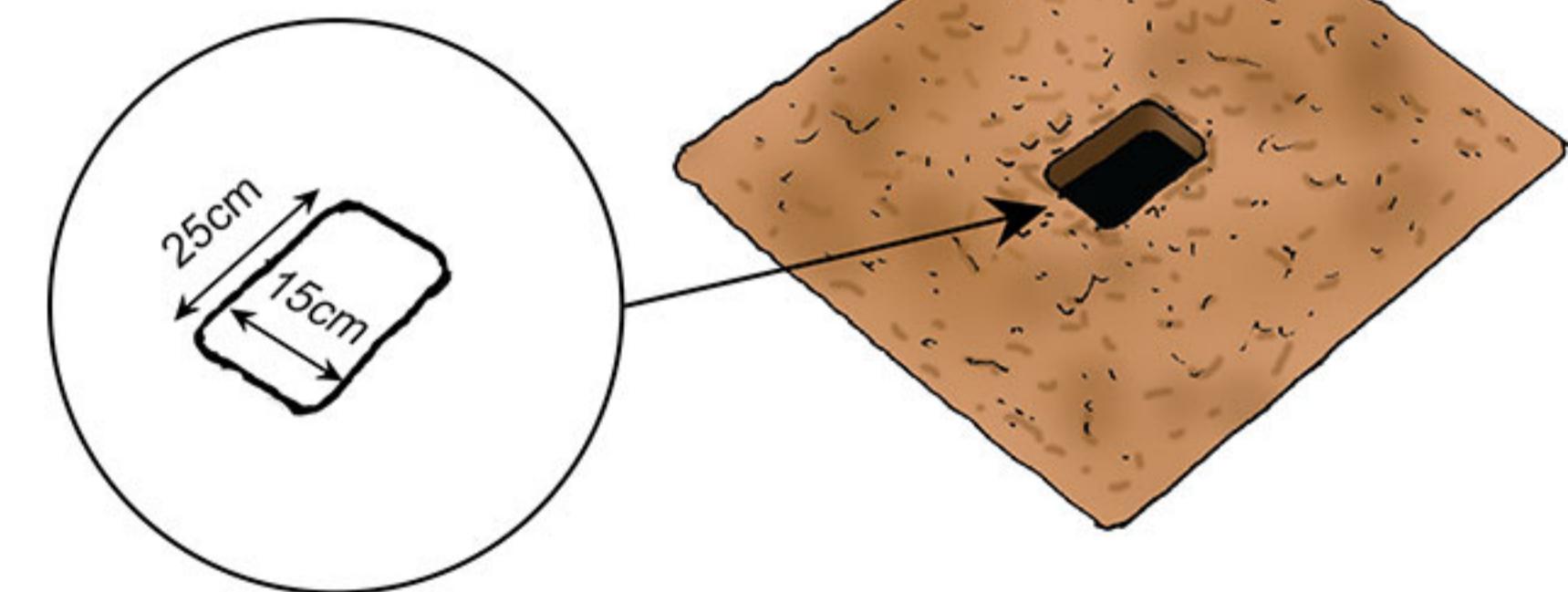
Uburyo bwiza bwo gutinda, ibiti bitinda bigomba kurenga umwobo.



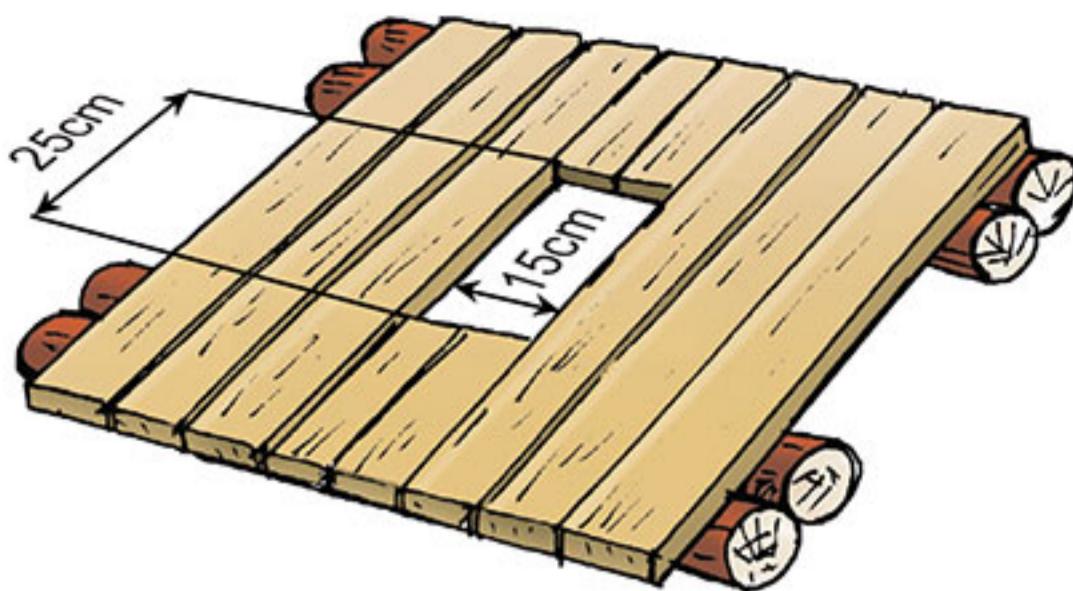
IBIKORESHO BY'IBANZE:

Ibiti bigomba kurenzwaho ubutaka kandi byoroshye kubukorera isuku. Wakoresha ibikoresho bijyanye n'ubushobozi bwawe.

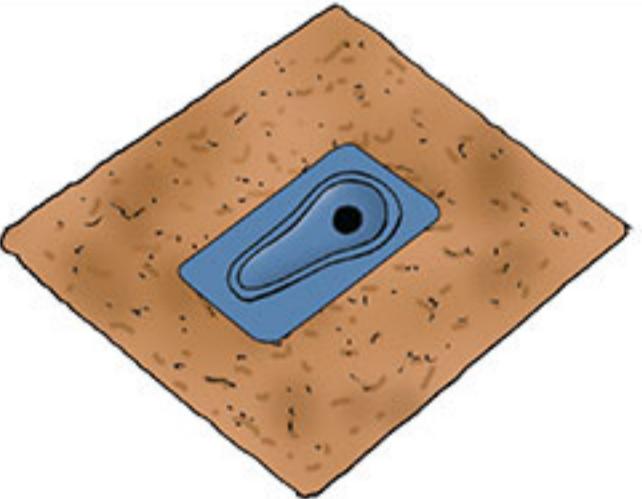
Umusarani utinze hakoreshejwe ubutaka kandi butsindagiye



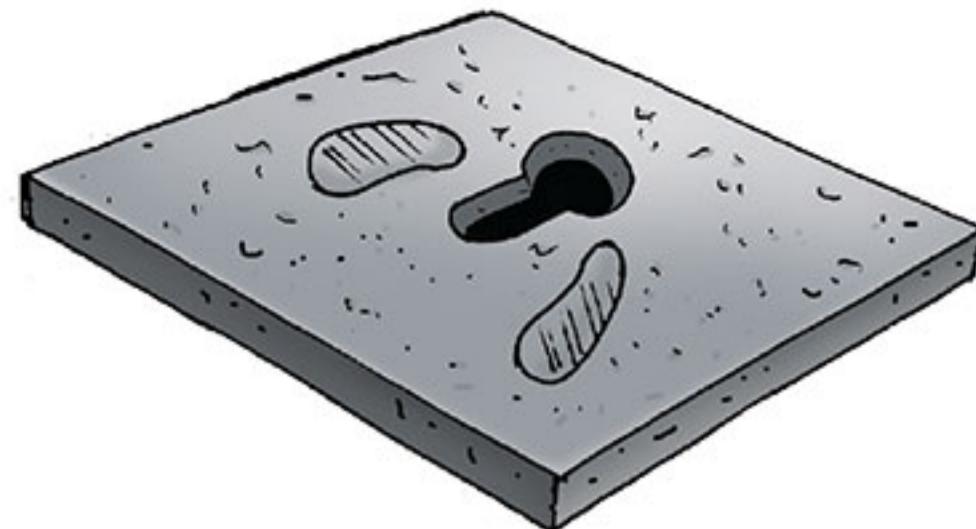
Ibikoresho	Ibyiza	Inenge	Ibikoresho byibanke bizakenerwa
Ingiga z'ibiti zitsindagiye	Biboneka kuburyo bworoshye hafi mu Gihugu cyose	<ul style="list-style-type: none">• Bibora vuba.• Isuku no kwitabwaho bigoranye.• Gutinda bisaba gukorwa buri mwaka	Ingiga z'ibiti

Imbaho

Ibikoresho	Ibyiza	Inenge	Ibikoresho byibanz bizakenerwa
Imbaho	Imbaho zirahendutse, kandi zirabone- ka mu buryo bworoshye	Imbaho zishobora kubora	Ingiga z'ibiti Imbaho ebyiri

Sato pan

Sato pan ikoze muri parasitike	<ul style="list-style-type: none"> Igiciro cyo hasi. Icyiza cy'ayo ni uko ishobora gusawa kuri dari y'igitaka gitsindagiye, dari y'imbaho cyangwa ya beto) 	Bisaba kuyoza buri uko uyikoresheje	Imisumari (iterwa muri dari y'igitaka gitsindagiye, imbaho cyangwa se beto)
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Dari ya beto

Ibikoresho	Ibyiza	Inengee	Ibikoresho byibanz bizakenerwa
Dari ya beto	<ul style="list-style-type: none"> Yozwa neza ku buryo bworo- shye Imara imyaka 10 cyangwa irenga. 		<ul style="list-style-type: none"> Sima Garaviye Umucanga Ibyuma byo muri beto Insinga z'ibyuma

**Dari ya parasitike
isutamwaho**

Dari ya parasitike isutamwaho	Yozwa ku buryo bworo- heje Imara imyaka 10 cyangwa irenga.	Irahenze kuri bamwe.	Dari imwe ya purasitiki Ibyuma byo kuyitega 10
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INYUBAKO YO HEJURU

Inyubako yo hejuru ituma umuntu yiherera kandi ikarinda umusarane kwangizwa n'imvura.

