



Repubulika y'u Rwanda  
Minisiteri y'Ubuzima

**rbc** RWANDA  
BIOMEDICAL  
CENTRE  
A Healthy People. A Wealthy Nation



# TWESE TURWANYE IMIRIRE MIBI N'IGWINGIRA RY'ABANA BACU



**MUBYEYI  
UTWITE**  
FATA INDYO YUZUYE  
Kwita ku mirire n'ubuzima  
bw'umwana wawe mu  
minsi 1000 ya mbere  
y'ubuzima ni ingenzi ku  
mikurire, haba mu  
gihagararo no mu bwenge .

Mugabo, fasha umugore  
wawe gufata indyo yuzuye  
kandi ihagije mu gihe  
atwite, bityo azagira  
ubuzima bwiza kandi  
uzaba urinze umwana  
wawe kugwingira ku  
mubiri no mu bwenge.

“Indyo yuzuye igizwe n'ibyubaka umubiri, ibitera  
imbaraga n'ibirinda indwara”