

REPUBLIC OF RWANDA



MINISTRY OF HEALTH



THE FIRST 1000 DAYS, TO A HEALTHY RWANDA



BREASTFEEDING MOTHER EXCLUSIVELY BREASTFEED DURING THE FIRST 6 MONTHS

From birth until 6 months a baby should be exclusively breastfed. This implies that the child should receive only breast milk without water, food or drinks.

"To prepare a balanced diet, combine food from different food groups"



Affaires étrangères, Commerce et Développement Canada

Foreign Affairs, Trade and Development Canada

